



Dear Parent / Carer

A person at the school has been diagnosed with meningitis / septicaemia, caused by the meningococcal bacteria.

Please be reassured that the risk to others is very small. Public Health England has taken all action to reduce the risk of further cases and there is no reason to change the school routine or for children to be kept away from school.

While the risk to others is very small, it is important that everyone is aware of the [signs and symptoms](#) of both meningitis and septicaemia. Get medical help immediately if you or your child experiences these symptoms - call NHS 111 for urgent advice, or 999 in a medical emergency.

Some strains of meningitis and septicaemia can be prevented with vaccinations. Protect your child against meningitis by making sure they are up to date with their [vaccinations](#). Speak to your GP practice to check.

**For further information:**

[www.nhs.uk/conditions/meningitis](http://www.nhs.uk/conditions/meningitis) & [www.meningitis.org](http://www.meningitis.org)

[Video](#) about meningitis and septicaemia

Or call the Meningitis Research Foundation Helpline **0808 800 3344**, or Meningitis Now <https://www.meningitisnow.org>, **0808 80 10 388**

If you have any concerns, please let me know.

Kind regards,  
Mrs Simmons

## Meningitis & Septicaemia

Symptoms can appear in any order. Not everyone gets all these symptoms.

Helpline: 080 8800 3344  
[www.meningitis.org](http://www.meningitis.org)

- Severe headache
- Fever/vomiting
- Stiff neck
- Dislike of bright lights
- Confused/delirious
- Breathing fast/breathless
- Limbs/joints/muscle pain
- Cold hands and feet/shivering
- Rash
- Very sleepy/vacant/difficult to wake
- Seizures
- Pale or mottled skin

Meningitis Research Foundation

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